

TOUCH HEART RATE HANDLE



The FluidRower Touch Heart Rate Handle communicates accurate heart rate data directly from the handle to the console of your connected FluidRower. No cumbersome, uncomfortable, sweaty chest straps, no additional watch or hardware required, just hold on and row.

This world first capability is packaged into a deluxe handle that monitors your heart rate per minute through the comfortable conductive handle grips and then via Bluetooth technology transmits your heart rate to the console in real time.

Understanding your heart rate response to your rowing effort is the key to maximizing your fitness goals. Monitoring your heart rate on a rowing machine has never been this easy and convenient.



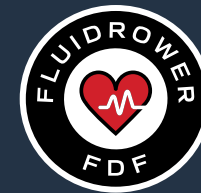
TOUCH HEART RATE HANDLE

PRODUCT SPECIFICATIONS

PRODUCT MODEL CODE:	THRU
DIMENSIONS:	L 497mm [19.56"] x W 56mm [2.2"] x H 68mm [2.67"]
HANDLE WEIGHT:	0.48kg [1.05lb]
POWERED BY:	2 x AAA Batteries, can power handle for approximtaly 500 hours.
WARRANTY:	12 Months
COMPATIBLE WITH:	V, XL, VORTEX and EVOLUTION series rowers fitted with FDF Bluetooth Consoles



FLUIDROWER



BLUETOOTH CONSOLE



ABOUT FDF (FIRST DEGREE FITNESS)

FDF is the leader in designing and manufacturing a range of adjustable fluid resistance fitness machines for residential and commercial applications, based on our unique and patented Twin Tank fluid resistance system. The adjustable fluid resistance system challenged the conventional thinking of how water could work to provide adjustable resistance rather than just dead weight for a flywheel effect. The patented Twin Tank system provides silky smooth resistance at any speed so is perfect for warm-ups, cool downs, intense HIIT workouts or rehabilitation programs. FDF have released a range of adjustable fluid resistance machines under the FluidROWER, FluidEXERCISE and the FluidPOWERZONE banners, see the web links below. FDF products are distributed throughout the globe and are popular in Fitness Centres, Hotels and Apartments, Sporting Clubs, Defence Force training facilities and physical rehabilitation clinics.

View the full range of rowers at FLUIDROWER.COM

Visit FIRSTDEGREEFITNESS.COM to view all FDF products.



Touch Heart Rate Handle technology has some limitations with some individuals in certain circumstances so you should always monitor how you feel regardless of the readings shown. If you feel faint, weak or dizzy you should cease exercise and always seek prompt medical advice. FDF Touch Heart Rate Handle is not a medical device, the data provided is not intended for medical purposes.

ADDITIONAL FLUIDROWER ACCESSORIES



SMARTPHONE HOLDER



SEAT BACK KIT



ELEVATE KIT